



AGE GROUP by BIRTH YEAR MATRIX

		Rugby Season Year				
		2024	2025	2026	2027	2028
Birth Year	2023					U5
	2022				U5	U6
	2021			U5	U6	U7
	2020		U5	U6	U7	U8
	2019	U5	U6	U7	U8	U9
	2018	U6	U7	U8	U9	U10
	2017	U7	U8	U9	U10	U11
	2016	U8	U9	U10	U11	U12
	2015	U9	U10	U11	U12	U13
	2014	U10	U11	U12	U13	U14
	2013	U11	U12	U13	U14	U15
	2012	U12	U13	U14	U15	U16
	2011	U13	U14	U15	U16	U17
	2010	U14	U15	U16	U17	U18
	2009	U15	U16	U17	U18	Sr.
	2008	U16	U17	U18	Sr.	Sr.
	2007	U17	U18	Sr.	Sr.	Sr.
	2006	U18	Sr.	Sr.	Sr.	Sr.
	2005	Sr.	Sr.	Sr.	Sr.	Sr.
	2004	Sr.	Sr.	Sr.	Sr.	Sr.
	2003	Sr.	Sr.	Sr.	Sr.	Sr.
	2002	Sr.	Sr.	Sr.	Sr.	Sr.

Note 1: U11 and U12 athletes registering for contact rugby will participate in Minor - Intro to Contact

Note 2: U13 and U14 athletes registering for contact rugby will participate in Junior - Intro to Contact

A quick mental calculation of Age Group is: Rugby Season Year - Birth Year = Age Group

2024 - 2010 = 14 so U14